

# Bama Bounders

Spring  
Newsletter

March 2011



## Happy St. Patrick's Day & Happy Spring!!



### BAMA BOUNDERS CLOSED FOR SPRING BREAK

March 14 - 18

We will be closed March 14 - 18 for the Spring Break holiday. Have a fun week!!

### SPRING BREAK CAMP

March 14 - 18

We will be offering a Spring Break Camp March 14 - 18. There is an all day camp from 9:00 - a.m. - 4:00 p.m. and a half day camp from 9:00 a.m. - 12 noon. The half day camp is open to all students but they must be potty trained. The all day camp is open to all students ages 5 and up.

We will do gymnastics, arts and crafts, games, dancing and have lots of fun!

All students will need to bring their lunch each day, but we will provide pizza on Friday. Snacks will also be provided each day.

Sign up by Thursday, March 3 for our special pricing. The cost of the all day camp is \$175 and the half day camp is \$99. A \$50 non-refundable deposit is required to hold your spot.

Sign up at the front desk today if you are interested! We hope you will spend your spring break with us!

### PRESCHOOL PLAYTIME Fridays from 10-11:00 a.m.

All parents and children ages 18 months to 4 years old are invited to join us for Preschool Playtime every Friday morning from 10:00 - 11:00 a.m. The cost is \$5 per child per visit. Bring a friend too! Children do not have to be Bama Bounders students!

Just a couple of rules regarding Playtime: An adult must accompany the child at all times. This is like an open gym, not a structured class. Only children ages 18 months to 4 years will be allowed in the gym area. Older siblings will not be allowed to come out on the floor and must remain in the bleacher area.

### PARENTS NIGHT OUT FRIDAY, MARCH 4<sup>TH</sup>

Bama Bounders will be hosting Parent's Night Out on Friday, March 4<sup>th</sup> from 6:00 - 10:00 p.m. Drop your child off for a fun night of gymnastics, games, pizza, movies, and lots of fun!

The Parent's Night Out is for all children but they must be potty trained. The cost is \$20 per child which includes a pizza dinner, drinks and snacks.

The next Parent's Night Out is Friday, April 1<sup>st</sup> so if you can't make this one, maybe you can come to next month's! Enjoy a night out while we watch your child!

Please sign up at the front desk so we can have an idea of how many children to expect! Hope to see you there!!

Mark your calendar for the upcoming Parent's Night Out:

Friday, April 1<sup>st</sup>

Friday, May 6<sup>th</sup>

### PLEASE NOTE OUR NEW MAKE UP POLICY

Beginning February 1<sup>st</sup> we will be implementing a new make up policy. The last Friday of each month will be the designated make up day for all classes. Anyone who has missed a class during the month can come to gym on that Friday from 5:30-6:30 for a structured class. We will no longer be able to schedule make ups during regular class times.

This month's make up date is Friday, March 25<sup>th</sup>.

### HAPPY BIRTHDAY MARCH BIRTHDAYS!

Bama Bounders would like to wish a Happy Birthday to the following students with March birthdays: Donald Abney, Hildegarde Abney, Emma Abston, Natalie Aldridge, Heather

Benjamin, Reagan Bircheat, Kate Caldwell, Kelsey Dobbs, Kelsey Fisher, Isabell Hamner, Emma Harrison, Kati Grace Hildreth, Nora Hope, Anah-Grace Johnson, Malone Johnson, Wilson Kimbrell, Ellie Landry, Brian McCoy, Kate Murphree, Ryleigh Brooke Norris, Katelyn Posey, Margaret Shattuck, Caroline Spruiell, Samantha Thompson, Dylan Townsel, Marlee Turnipseed, Kymaya Walker, Mason Grace Ward, Chelsea Watt, Bayley Welborn, Elizabeth Williams, Madeline Williams and Jacie Vines,

**Happy Birthday!!!!**

### **GYMNASTICS STATIONS**

Gymnastics stations are very important to each event. At Bama Bounders we like to keep the children moving and want to avoid having them wait in lines. Each event has different stations set up in order for them to work on a skill, practice a drill for a new skill, do some conditioning or increase their flexibility. Sometimes the children work at a station independently and other times they work in pairs.

These stations help children become stronger and learn new skills faster. Some of the stations the children do they can also work on at home!

If you have any questions regarding the gymnastics stations your children are doing at each event, please just let your coach know or someone at the front desk! We will be happy to explain them to you!

### **REFER A FRIEND!**

Anyone who refers a friend to Bama Bounders and the friend signs up for a class will receive \$10 off your next month's tuition! Please check at the front desk for the availability of class days and

times!

### **BAMA BOUNDERS OLYMPICS**

**Saturday, May 21<sup>st</sup>**

All Bama Bounders students are hard at work preparing for the Bama Bounders Olympics. All students will be participating on Saturday, May 21<sup>st</sup> at the gym. The students will be performing a group floor routine with their class and then doing a vault, bar routine and beam routine individually.

There will be two different Olympics, one for the preschool students and then we will have two rec shows following. All students will receive awards as well.

This is a great way for parents, family members and friends to see what their child has learned throughout the year!

More information will follow, but be sure to put Saturday, May 21<sup>st</sup> on your calendar!

### **MARK YOUR CALENDARS FOR OUR UPCOMING SUMMER CAMPS!**

The new year has just begun, but it is never too early to start thinking about summer! We will once again be offering all day camps, half day camps and preschool camps throughout the summer.

Our summer session will begin Monday, June 6<sup>th</sup> and our camp dates are as follows:

June 27 - 30

July 11 - 15

July 25 - 29

We look forward to you spending part of your summer with us!

### **BIRTHDAY PARTIES**

Looking for a fun place to have a birthday party? Why not come to a Bama Bounders birthday party?!? Parties are



scheduled on Saturdays only at 11 a.m., 1:45 p.m. or 4 p.m. The party starts with one hour of

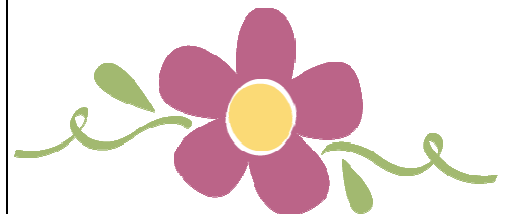
gymnastics with Bama Bounders instructors followed by 30 minutes of party time for you for cake and presents. The birthday child receives a t-shirt and all children receive a goodie bag. Parties start at \$115. For the safety of everyone, we have a maximum of 25 children per party. Be sure to check out all the different options to find the one that fits you best! A \$50 non-refundable deposit is due at the time the party is booked.

Dates are filling up quickly, so be sure to book your Bama Bounders birthday party today!

### **FIELD TRIPS**

We now offer field trips at Bama Bounders! Bring your daycare, preschool, church group, girl or boy scout troop, play group or any other group that might be interested in a field trip.

The field trip is one hour of gymnastics and games for only \$5 per student. Field trips can be held in the mornings or early afternoons, as well as Saturdays. Check with the office for more information or to book your group's field trip today!



## **Bama Bounders**

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